

Success is a Habit

By Greg Luchak

“Motivation is what gets you started. Habit is what keeps you going.”
- Jim Rohn

If you were to take the time to research any number of successful people the one dominant trait you would find is they are creatures of pre-determined habits. Often those habits are formed by doing things repeatedly. Especially activities that are uncomfortable at first that make you stretch emotionally, physically and psychologically as a person.

True leaders recognize that you must develop habits, creating a winning attitude and be an example to others. Develop habits that force you to be active. You must make a commitment to consistent action. You have to act with definitive of purpose, persistence and a burning desire to reach your goal. To change your life you have to change.

Earl Nightingale, world renowned motivational speaker, states: “Success is the progressive realization of a worthwhile endeavor.” In other words “Success” is a pursuit based on persistent consistent effort. This effort is established by creating habits that move you forward towards your goals.

Based on my own personal experience, there are 5 basic habits that you must establish in your life to become successful.

1. You must have a dream, a goal, a desire, and a reason why, how ever you label it you must have one. If you don't know what you're reaching for you will never reach for anything or accomplish anything.
2. Read! Find inspiration and knowledge from experts in all aspects of your life.
3. Find a mentor who is active and successful in the pursuit of a common goal. Study what he or she does. If at all possible get to know them personally.
4. Take massive action. Nothing in life is obtainable with out action. Your actions must be consistent and persistent.
5. Never quit! You may take years to accomplish something that you'd hope would only take days or even weeks. But in the end you will realize that the journey was just as important if not more so than the realization of your goal. Great things never come easily and the reward will always be awesome, inspiring and invigorating.

You will want to repeat the process over and over again because success will become a habit!

You can follow Greg Luchak at:

<http://entrepreneurial-development-group.net>

<http://planetottawa.com>